

20 Christian Prayer Activities for Kids (Free Printable Pack)

A grouped ten-page pack with twenty complete activity records, a chooser, safety language, and cut-apart cards.

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HOW TO USE

Adult-led · Ages approximately 4–12 · Participation is optional

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

STOP ANY TIME

You do not have to keep going. Stop, move, get water, or sit with a trusted adult.

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

Twenty prayer activities

CHOOSE BY TIME AND ENERGY

Use one card for a two-minute opening or a ten-minute table activity. A tired family can stop after the first prompt; a group can repeat a familiar card without turning the pack into a checklist.

Use the category labels as retrieval aids, not a ranking. Praise, thanks, lament, asking, intercession, and attention to Scripture all belong in Christian prayer.

LEAD IN FOUR MOVES

Preview the reference and materials. Offer listening, drawing, movement, speaking, AAC, or passing. Model one fictional example. Close with an observable question such as What did you notice?

Name the trusted adult who can help with a real concern. Stop before fatigue or sensory overload takes over.

STOP

You do not have to keep going. Stop, move, get water, or sit with a trusted adult.

ADAPT

You can listen while I read, draw, move, keep your eyes open, use AAC, or pass.

ESCALATE

For a persistent or unsafe concern, contact a trusted adult, the host safeguarding lead, a qualified professional, or local emergency services.

DO NOT

Do not ask a child for a private prayer request, disclosure, family conflict, diagnosis, or secret in a group.

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

01/20

Listen and notice **Read and notice**

REFERENCE Matthew 6:9–13

5 min · CL/ER/IR/CG

CUE Read a short part of Jesus' teaching. Invite one word, picture, or pause.

PROMPT Choose one request in the prayer: God's name honored, daily needs, forgiveness, or help.

ADAPT Retell one sentence for a younger child. This is not a memory test.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

02/20

Listen and notice **Sounds we can notice**

REFERENCE Psalm 100

5 min · CL/ER/IR/CG

CUE Notice sounds in the room. You do not need silence or closed eyes. Thank God for one sound if you want.

PROMPT Point, name, draw, move, or pass.

ADAPT Use a picture of an ear or headphones for reduced sound. Stop when sound feels uncomfortable.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

03/20

Listen and notice **A welcome picture**

REFERENCE Mark 10:13–16

8 min · CL/ER/IR/CG

CUE Jesus welcomed children. Draw or choose a picture that shows a place where people can be welcomed.

PROMPT Use shapes, an adult-prepared sticker, AAC, or one spoken sentence.

ADAPT The adult can scribe. Do not ask a child to depict their own home, family, or experience.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

04/20

Listen and notice **Wonder through a window**

REFERENCE Psalm 19:1

10 min · CL/ER/IR/CG

CUE Notice one ordinary detail in light, a leaf, a cloud, or a sound. Wonder how creation points beyond itself.

PROMPT Point, sketch, describe, move, or pass.

ADAPT Use a photograph or tactile object indoors. Outdoor access is not required.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

05/20

Gratitude and honest response ■■■

Three honest boxes

REFERENCE 1 Thessalonians 5:16–18

8 min · CL/ER/IR/CG

CUE Scripture makes room for joy, prayer, thanks, and hard things. Choose one box or leave them blank.

PROMPT Use the labels Thank, Ask, or Hard today with a general drawing or prepared symbol.

ADAPT Model a fictional example. Never ask for a private family hardship.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

06/20

Gratitude and honest response ■■■

Thank and tend

REFERENCE Genesis 1:31

10 min · CL/ER/IR/CG

CUE Notice one good gift and one small way to care for it or someone connected to it.

PROMPT Draw, point, move toward a safe care action, or listen.

ADAPT Offer choices such as watering a plant or thanking a helper. No child thanks an unsafe person.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

07/20

Gratitude and honest response ■■■

A Psalm in three patterns

REFERENCE Psalm 13

10 min · CL/ER/IR/CG

CUE Psalm 13 holds sadness, a request, and trust together. Color one shape, all three, or none.

PROMPT Choose Cry, Ask, or Hope with color, texture, AAC, or a pause.

ADAPT Use patterns instead of color. Do not ask a child to explain personal sadness.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

08/20

Gratitude and honest response ■■■

Remembered help

REFERENCE Psalm 103:2

8 min · CL/ER/IR/CG

CUE Think of a Bible story or fictional character who received help. Notice what the helper did.

PROMPT Draw the character, point to a prepared picture, or listen.

ADAPT Use Jesus welcoming children as the shared story. Do not collect names, photos, or family history.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

09/20

Intercession and care ☰

A table of neighbors

REFERENCE 1 Timothy 2:1–2

8 min · CL/ER/IR/CG

CUE Pray for people without writing names. Choose a broad group and ask for wisdom, justice, or care.

PROMPT Choose Home, School, Community, or World and offer a general prayer or drawing.

ADAPT Use a communication board. Adults handle real safeguarding concerns privately.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

10/20

Intercession and care ☰

Fictional need cards

REFERENCE Philippians 2:4

10 min · CL/ER/IR/CG

CUE Choose a story card, then choose listen, draw, ask, or care.

PROMPT Use a scenario about welcome, sickness, fairness, or belonging.

ADAPT Read one scenario only. A fictional prayer never replaces a real safety plan.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

11/20

Intercession and care ☰

Who can help?

REFERENCE Mark 10:14

8 min · CL/ER/IR/CG

CUE God welcomes children, and adults have jobs to help. Use a made-up situation.

PROMPT Point to a trusted grown-up at home, adult at school, ministry leader, or emergency helper.

ADAPT The adult localizes contacts privately. Never ask a group to disclose.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

12/20

Intercession and care ☰

Care in action

REFERENCE James 2:15–16

10 min · CL/ER/IR/CG

CUE Prayer can sit beside wise action. Pick one small action that is safe and kind: share, listen, repair, or ask an adult.

PROMPT Draw the action, role-play it, or observe.

ADAPT Offer a no-touch route. No child is responsible for fixing an adult problem.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

13/20

Scripture and response ☰

Hear and do

REFERENCE James 1:22–25

8 min · CL/ER/IR/CG

CUE Notice what the passage says, then choose one small, safe action it could invite.

PROMPT Use the two labels I heard and I might try with a picture, drawing, or pause.

ADAPT Use one concrete example such as listening before answering. An action never earns God's love.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

14/20

Scripture and response ☰

Story object match

REFERENCE Luke 15:3–7

10 min · CL/ER/IR/CG

CUE Put three adult-made pictures in the story order, then choose wonder, thanks, care, or pass.

PROMPT Match Lost, Looked for, and Found with the shepherd story.

ADAPT Use a tactile sequence or adult narration. Do not compare the story with a private loss.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

15/20

Scripture and response ☰

A Psalm image

REFERENCE Psalm 23:1–4

10 min · CL/ER/IR/CG

CUE Psalm 23 is a poem about God's presence and guidance. Hard places can still happen.

PROMPT Choose Path, Green place, Water, or Valley to color, point, move, or hear.

ADAPT Skip the valley image when it is unsuitable and use the path or table instead.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

16/20

Scripture and response ☰

Jesus welcomes

REFERENCE Mark 10:13–16

8 min · CL/ER/IR/CG

CUE Notice Jesus' welcome. Make a sign or picture that says people belong without earning a place.

PROMPT Color, arrange prepared shapes, use AAC, or pass.

ADAPT The adult handles cutting. Displaying the art is never required.

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

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17/20

Family prayer rhythms

Choose a prayer door

REFERENCE Matthew 6:9–13

5 min · CL/ER/IR/CG

CUE Jesus' model prayer includes more than one response. Choose one door, or listen while the adult prays.

PROMPT Choose Thank, Ask, or Care for someone.

ADAPT Use a fresh paraphrase. ACTS and Lord's Prayer teaching stay on their own pages.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

18/20

Family prayer rhythms

Safe prayer walk

REFERENCE Colossians 3:17

10 min · CL/ER/IR/CG

CUE Notice three places and offer a general prayer for the people who use them. Stay together and stop when needed.

PROMPT Point, move on an accessible route, or remain seated while the adult narrates.

ADAPT Use a tabletop map or photos. Do not collect location details.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

19/20

Family prayer rhythms

A blessing at the door

REFERENCE Numbers 6:24–26

3 min · CL/ER/IR/CG

CUE Speak a short blessing about God's care and peace. A child may listen, echo one word, or pass.

PROMPT Choose a listening pause or a silent version.

ADAPT Do not promise a trouble-free day or protection from every event.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

20/20

Family prayer rhythms

Close with choice

REFERENCE Philippians 4:6–7

5 min · CL/ER/IR/CG

CUE Bring requests to God and make a practical plan with trusted adults. Choose the closing that fits today.

PROMPT Say one sentence, draw, listen, or pass.

ADAPT Use a visual timer and end early. A serious concern follows safeguarding care, not the card.

LISTEN · DRAW · MOVE · SPEAK ·
AAC · PASS

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

Chooser and reusable family card

Time selector

Mode selector

TODAY WE CHOSE

Choose one card and one safe route.

Listen and notice: Read and notice · Sounds we can notice · A welcome picture · Wonder through a window

Gratitude and honest response: Three honest boxes · Thank and tend · A Psalm in three patterns · Remembered help

Intercession and care: A table of neighbors · Fictional need cards · Who can help? · Care in action

Scripture and response: Hear and do · Story object match · A Psalm image · Jesus welcomes

Family prayer rhythms: Choose a prayer door · Safe prayer walk · A blessing at the door · Close with choice

LISTEN · DRAW · MOVE · SPEAK · AAC · PASS

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

Sources and rights

1 · World English Bible

Reference-first Scripture and public-domain wording for any exact quotation. · Checked 2026-08-03

<https://ebible.org/web/>

2 · World English Bible copyright page

Public-domain attribution and quotation boundary for Scripture references. · Checked 2026-08-03

<https://ebible.org/engwebp/copyright.htm>

3 · World English Bible · Matthew 6

Jesus' model prayer context for the read-and-notice activity. · Checked 2026-08-03

<https://ebible.org/engwebp/MAT06.htm>

4 · World English Bible · Psalm 13

Honest lament alongside asking and trust. · Checked 2026-08-03

<https://ebible.org/engwebp/PSA13.htm>

5 · World English Bible · Psalm 100

Praise and gratitude context for listening and noticing. · Checked 2026-08-03

<https://ebible.org/engwebp/PSA100.htm>

6 · World English Bible · Philippians 4

Prayer, practical care, and peace without promising a result. · Checked 2026-08-03

<https://ebible.org/engwebp/PHP04.htm>

7 · World English Bible · 1 Timothy 2

Broad intercession without collecting names or private requests. · Checked 2026-08-03

<https://ebible.org/engwebp/1TI02.htm>

8 · World English Bible · James 1

Hearing and doing with a wise, concrete response. · Checked 2026-08-03

<https://ebible.org/engwebp/JAS01.htm>

9 · CAST UDL Guidelines 3.0

Listening, drawing, movement, AAC, and multiple means of expression. · Checked 2026-08-03

<https://udlguidelines.cast.org/>

10 · NAEYC Developmentally Appropriate Practice

Play-based, strengths-based, culturally and ability-aware facilitation. · Checked 2026-08-03

<https://www.naeyc.org/node/3807>

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

<https://sabbathmeditation.com/kids/prayer-activities>

Sources and rights, continued

11 · US Consumer Product Safety Commission

Adult supervision and small-parts boundaries for paper activities. · Checked 2026-08-03

<https://www.cpsc.gov/node/24135>

12 · UNICEF Safeguarding Policy

Preventative and responsive safeguarding context for group use. · Checked 2026-08-03

<https://www.unicef.org/documents/safeguarding-policy>

Our paraphrase, not Scripture text. Exact wording: World English Bible (public domain).

<https://sabbathmeditation.com/kids/prayer-activities>